

## LAPRA 2026/27 Benefits Annual Enrollment is May 1-31, 2026

Annual Enrollment is your once-a-year opportunity to evaluate your health care needs and make any changes to your medical or dental coverage and add or remove eligible dependents. The 2026/27 Annual Enrollment period starts May 1 and ends May 31 with benefits effective July 1.

### What's New?

For 2026/27 you will continue to have the same plans and coverage options that you have today with the following benefit updates:

- **Anthem PPO Dental Plan:** Coverage for night guards increased from 60% to 80% in-network.
- **VSP Vision Plan:** The retail frame allowance is increasing to \$200 and elective contact lenses is increasing to \$175.
- **Premiums:** There are some changes to medical and dental plan premiums.

Information about the benefit enhancements and 2026/27 premiums will be included in upcoming Annual Enrollment communications.

### Enhanced Family Building Benefits

With the passage of California SB729, LAPRA's medical plans will provide more comprehensive coverage for fertility treatments starting July 1, 2026. The medical plans through Anthem Blue Cross and Kaiser will now include:

- IVF coverage including up to 3 complete egg retrievals and unlimited embryo transfers.
- Donors and surrogate services including procurement and retrieval of donor sperm, oocytes and embryos.
- Cryopreservation coverage for those who need to preserve embryos or sperm.

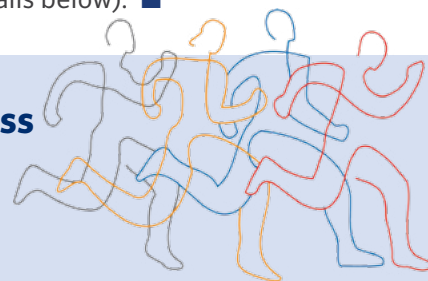
Watch for more information during Annual Enrollment. ■

## 2026 Fitness Challenge Finish Line in Sight

With just a few weeks to go to reach the 2026 Fitness Challenge finish line, 32 teams are going all out to finish strong by the April 25 end date. Participants complete miles walking, running and cycling with prizes earned every 3 weeks by the top teams and top individuals.

The winning teams and top individuals share in \$100,000 prize money at the end the Fitness Challenge with winners announced at the Fitness Challenge Awards Ceremony (see details below). ■

### 2026 Fitness Challenge Awards Ceremony



Join us at the Fitness Challenge Awards Ceremony to celebrate this year's winning teams and individual Fitness Challenge winners along with great food, great prizes and exciting raffle drawings.

Date: June 11, 2026  
Time: 11 am to 2 pm  
Location: Grace Community Church  
13248 Roscoe Blvd  
Sun Valley, CA 92352

### Attention Team Captains

Please RSVP how many team members will attend the Awards Ceremony by sending an email to [FitnessChallenge@lapra.org](mailto:FitnessChallenge@lapra.org).

# New LAPRA Website Launching Soon

We are excited to announce the upcoming launch of our newly designed website. We have created a clean, modern design and improved site navigation to help our members quickly find the benefits information they're looking for and better represent the services we provide to active and retired LAPD officers and their families. We are also introducing new imagery throughout the website that enhances the user experience.

## New Features and Enhancements

- Unified website design with a clean, organized user interface that's scalable allowing us to easily add new features and media to the site in the future.
- Intuitive navigation to help you quickly find the information you are looking for with fewer clicks to complete tasks and access resources.
- The new website is fully responsive so it's easily accessible whether you are viewing the site on desktop, laptop, tablet or mobile device.
- LAPRA News and Events pages will keep you up-to-date on the latest LAPRA news stories and events calendar.
- View the new website in English, Spanish or Mandarin Chinese changing the language with the click of a button.
- Coming soon... video stories introducing LAPRA services to new recruits and family members.



## What Happens Next?

May 1, 2026 is the official go-live date for our new website. For the next few weeks, we are busy testing the website and making last-minute adjustments as we prepare for the May 1 go-live date.

We're proud of our newly redesigned website and we hope you are too. With the launch of the new website tied to the start of the Benefits Annual Enrollment period, we hope you'll take some time to check out the new website. We'd love to get your feedback. ■

# Apply for a LAPRAF 2026 Scholarship by May 15

The application period for the Los Angeles Police Relief and Assistance Foundation (LAPRAF) 2026 scholarship program is going on now through May 15, 2026. Seven \$10,000 academic scholarships will be awarded to graduating high school seniors of LAPRA members. Applicants are evaluated on academic

qualifications, service engagement and leadership development. Scholarship winners each receive \$2,500 per year awarded over four years. Scholarship winners must maintain an acceptable grade point average and a full load of college classes to receive their scholarship each year. Winners of the LAPRAF 2026 scholarship

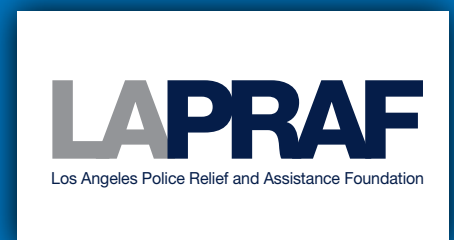
program will be featured in an upcoming Guardian Newsletter.

You can access the online application from the LAPRA website at [www.lapra.org/lapraf.html](http://www.lapra.org/lapraf.html). If you have questions about the 2026 scholarship program, send an email to [lapraf@lapra.org](mailto:lapraf@lapra.org) or call 213-674-3701. ■



## Please Consider a Donation to the Los Angeles Police Relief Assistance Foundation (LAPRAF)

The LAPRAF needs your help to ensure we have the resources available to provide financial assistance to first responders who were impacted by the devastating L.A. wildfires. Visit [www.lapra.org/lapraf.html](http://www.lapra.org/lapraf.html) to make an online donation or download and complete a donation form. ■





## Annual Information Enrollment Coming in April 2026

Information about Annual Enrollment, including benefit enhancements and medical and dental premiums for 2026/27, will be included in upcoming Annual Enrollment communications mailed to your home or sent via email in April 2026. Annual Enrollment information will also be available on the [www.LAPRA.org](http://www.LAPRA.org) and the [www.LAPRALive.org](http://www.LAPRALive.org) websites.

*The GUARDIAN* is a periodic publication for members of the Los Angeles Police Relief Association. All rights reserved. Members with specific concerns are urged to contact Diane Whisnant, Executive Director at [dianew@lapra.org](mailto:dianew@lapra.org), and she will forward your concerns to the appropriate Director.

### Los Angeles Police Relief Association Board of Directors — 2026

**President**

John Shah

**Vice President**

Luq Watkins

**Vice President**

Jules Sohn

**Secretary**

Saudia Hutchins

**Treasurer**

Darius Trugman

**Directors**

Dana Berns

Tony Garcia

Season Nunez

Tony Garcia

Gerald Woodyard

Art Gallegos

**Director, Retired Liason**

Jim Mateer

New LAPRA website launching soon (pg. 2)



Los Angeles Police Relief Association, Inc.  
600 North Grand Avenue  
Los Angeles, California 90012



PRESORT STD  
US POSTAGE  
PAID  
PERMIT #906  
SAN DIEGO, CA