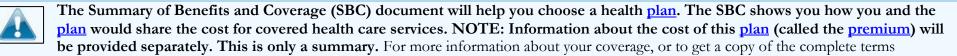
Los Angeles Police Relief Association (LAPRA) HMO Actives & Retirees



of coverage, <u>https://eoc.anthem.com/eocdps/ca/fi</u>. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at <u>www.healthcare.gov/sbc-glossary/</u> or call (800) 289-2250 to request a copy.

| Important Questions | Answers | Why This Matters: |
|---|---|---|
| What is the overall <u>deductible</u> ? | \$0. | See the Common Medical Events chart below for your costs for services this <u>plan</u> covers. |
| Are there services covered before you meet your <u>deductible?</u> | No. | You will have to meet the <u>deductible</u> before the <u>plan</u> pays for any services. |
| Are there other <u>deductibles</u> for specific services? | Yes. \$100 /individual for 3 member family maximum for Outpatient PPO <u>Providers</u> and Non-PPO <u>Providers</u> . There are no other specific <u>deductibles</u> . | You must pay all of the costs for these services up to the specific <u>deductible</u> amount before this <u>plan</u> begins to pay for these services. |
| What is the <u>out-of-</u> <u>pocket limit</u> for this <u>plan</u> ? | \$1,000 /individual or \$3,000 /family for In- <u>Network</u> HMO <u>Providers</u> . | The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met. |
| What is not included in the <u>out-of-pocket</u> <u>limit</u> ? | Infertility services copay, <u>Premiums</u> , <u>balance-billing</u> charges, and health care this <u>plan</u> doesn't cover. | Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> . |
| Will you pay less if you use a <u>network</u> <u>provider</u> ? | Yes, California Care HMO. See www.anthem.com/ca or call (800) 289-2250 for a list of network providers. | This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's</u> <u>network</u> . You will pay the most if you use an out-of- <u>network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware your <u>network provider</u> might use an out-of- <u>network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services. |
| Do you need a <u>referral</u> to see a <u>specialist</u> ? | Yes. | This <u>plan</u> will pay some or all of the costs to see a <u>specialist</u> for covered services but only if you have a <u>referral</u> before you see the <u>specialist</u> . |

All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

| | | What You Will Pay | | |
|--|--|--|---|---|
| Common Medical Event | Services You May Need | In-Network HMO Provider (You will pay the least) | In-Network PPO Provider (You will pay the most) | Limitations, Exceptions, & Other Important Information |
| | Primary care visit to treat an injury or illness | \$20/visit | 20% coinsurance | Without a referral 40% <u>coinsurance</u> for Non-PPO <u>Providers</u> . The PPO Plus plan maximum payment is \$1,000. |
| If you visit a health care | <u>Specialist</u> visit | \$20/visit | 20% coinsurance | Without a referral 40% <u>coinsurance</u> for Non-PPO <u>Providers</u> . The PPO Plus plan maximum payment is \$1,000. |
| | Preventive care/screening/ immunization | No charge | Not covered | You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for. |
| If you have a test | <u>Diagnostic test</u> (x-ray, blood work) | No charge | 20% coinsurance | Without a referral 40% <u>coinsurance</u> for Non-PPO <u>Providers</u> . The PPO Plus plan maximum payment is \$1,000. |
| If you have a test | Imaging (CT/PET scans, MRIs) | No charge | 20% coinsurance | Without a referral 40% <u>coinsurance</u> for Non-PPO <u>Providers</u> . The PPO Plus plan maximum payment is \$1,000. |
| If you need drugs to treat your illness or condition More information about prescription drug coverage is available at http://www.anthe m.com/ca/pharma cyinformation/ National | Generic Drugs | \$15/prescription (retail) and \$30/prescription (home delivery) | 50% <u>coinsurance</u> of the maximum <u>amount allowed</u> and costs in excess of the maximum amount up to a \$250 maximum/prescription | |
| | Brand Name Formulary Drugs | \$25/prescription (retail) and \$50/prescription (home delivery) | 50% <u>coinsurance</u> of the maximum <u>amount allowed</u> and costs in excess of the maximum amount up to a \$250 maximum/prescription | Most home delivery is 90-day supply. *See Prescription Drug section of the <u>plan</u> or policy document (e.g. evidence of coverage or certificate). |
| | Brand Name Non-Formulary Drugs | \$40/prescription (retail) and \$80/prescription (home delivery) | 50% <u>coinsurance</u> of the maximum <u>amount allowed</u> and costs in excess of the maximum amount up to a | |

* For more information about limitations and exceptions, see <u>plan</u> or policy document at <u>https://eoc.anthem.com/eocdps/ca/fi</u>.

| | What You Will Pay | | | |
|--|--|--|---|--|
| Common | Services You May Need | In-Network HMO | In-Network PPO | Limitations, Exceptions, & Other |
| Medical Event | | Provider (You will pay the least) | Provider (You will pay the most) | Important Information |
| | | (100 will pay the least) | \$250 | |
| | | | maximum/prescription | |
| | <u>Specialty</u> Pharmacy Drugs (including self-administered injectable, except insulin) | 20% of prescription drug covered expense to a maximum \$150 copay (retail) and 20% of prescription drug covered expense to a maximum of \$300 copay (home delivery) | 50% coinsurance of the maximum amount allowed and costs in excess of the maximum amount up to a \$250 maximum/prescription | |
| If you have | Facility fee (e.g., ambulatory surgery center) | No charge | 20% coinsurance | Without a referral 40% <u>coinsurance</u> for Non-PPO <u>Providers</u> . The PPO Plus plan maximum payment is \$1,000. |
| outpatient surgery | Physician/surgeon fees | No charge | 20% coinsurance | Without a referral 40% <u>coinsurance</u> for Non-PPO <u>Providers</u> . The PPO Plus plan maximum payment is \$1,000. |
| If you need | Emergency room care | \$150/visit | Covered as In- <u>Network</u> | Copay waived if admitted. In Area (within 20 miles of medical group) and Out of Area. No charge for Emergency Room Physician Fee. |
| immediate medical attention | Emergency medical transportation | No charge | Covered as In- <u>Network</u> | none |
| | <u>Urgent care</u> | \$20/visit | Covered as In- <u>Network</u> | There may be other levels of <u>cost</u> <u>share</u> that are contingent on how services are provided. |
| If you have a | Facility fee (e.g., hospital room) | No charge | Not covered | none |
| hospital stay | Physician/surgeon fees | No charge | Not covered | none |
| If you need mental health, | Outpatient services | Office Visit \$20/visit Other Outpatient No charge | Office Visit Not covered Other Outpatient Not covered | Office Visit none Other Outpatient none |
| behavioral health, or substance abuse services | Inpatient services | No charge | Not covered | No charge for Inpatient Physician Fee In- <u>Network</u> HMO <u>Providers</u> . No coverage for Inpatient Physician Fee In- <u>Network</u> PPO <u>Providers</u> . |

* For more information about limitations and exceptions, see <u>plan</u> or policy document at <u>https://eoc.anthem.com/eocdps/ca/fi</u>.

| | What You Will Pay | | | |
|-------------------------------|---|--|---|--|
| Common Medical Event | Services You May Need | In-Network HMO Provider (You will pay the least) | In-Network PPO Provider (You will pay the most) | Limitations, Exceptions, & Other Important Information |
| | Office visits | \$20/visit first 1 visit | Not covered | |
| If you are | Childbirth/delivery professional services | No charge | Not covered | Maternity care may include tests and services described elsewhere in the |
| pregnant | Childbirth/delivery facility services | No charge | Not covered | SBC (i.e. ultrasound). |
| | Home health care | \$20/visit | Not covered | One visit by a home health aide equals four hours or less. |
| If you need help | Rehabilitation services | \$20/visit | 0% <u>coinsurance</u> | *Saa Thompy Somiage sortion |
| recovering or have | Habilitation services | \$20/visit | 0% <u>coinsurance</u> | *See Therapy Services section |
| other special health needs | Skilled nursing care | No charge | Not covered | 100 days limit/benefit period for In- <u>Network</u> HMO <u>Providers</u> . |
| | Durable medical equipment | No charge | Not covered | none |
| | Hospice services | No charge | Not covered | none |
| If your child | Children's eye exam | Not covered | Not covered | *See Vision Services section |
| needs dental or | Children's glasses | Not covered | Not covered | |
| eye care | Children's dental check-up | Not covered | Not covered | *See Dental Services section |

Excluded Services & Other Covered Services:

| Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded | | | | |
|---|---|-----------------------|--|--|
| services.) | | | | |
| Cosmetic surgery | • Dental care (adult) | Dental Check-up | | |
| • Eye exams for a child | Glasses for a child | Infertility treatment | | |
| • Long- term care | • Non-emergency care when traveling outside the U.S. | Private-duty nursing | | |
| • Routine eye care (adult) | • Routine foot care unless you have been diagnosed with diabetes. | Weight loss programs | | |

| Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your <u>plan</u> document.) | | | |
|--|--|-------------------|--|
| Abortion | • Acupuncture | Bariatric surgery | |
| Chiropractic care 60 days limit/benefit period for In-<u>Network</u> HMO <u>Providers</u>. 12 visits/benefit period for PPO <u>Providers</u> and Non-PPO <u>Providers</u>. | Hearing aids one hearing aid/ years. | ear every three | |

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Managed Health Care, California Help Center, 980 9th Street, Suite 500, Sacramento, CA 95814-2725, (888) HMO-2219. Department of Labor, Employee Benefits Security Administration, (866) 444-EBSA (3272), www.dol.gov/ebsa/healthreform. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact:

ATTN: Grievances and Appeals, P.O. Box 4310, Woodland Hills, CA 91365-4310

Department of Labor, Employee Benefits Security Administration, (866) 444-EBSA (3272), www.dol.gov/ebsa/healthreform

Department of Managed Health Care, California Help Center, 980 9th Street, Suite 500, Sacramento, CA 95814-2725, (888) HMO-2219

California Department of Managed Health Care Help Center, 980 9th Street, Suite 500, Sacramento, CA 95814, (888) 466-2219, <u>www.healthhelp.ca.gov</u>, <u>helpline@dmhc.ca.gov</u>

Does this plan provide Minimum Essential Coverage? Yes

If you don't have <u>Minimum Essential Coverage</u> for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

Does this plan meet the Minimum Value Standards? Yes

If your <u>plan</u> doesn't meet the <u>Minimum Value Standards</u>, you may be eligible for a <u>premium tax credit</u> to help you pay for a <u>plan</u> through the <u>Marketplace</u>.

-To see examples of how this plan might cover costs for a sample medical situation, see the next section.——

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost</u> sharing amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

| Peg is Having a Baby (9 months of in-network pre-natal care hospital delivery) | and a |
|---|-------|
| The <u>plan's</u> overall <u>deductible</u> | \$0 |
| Specialist copayment | \$20 |
| Hospital (facility) <u>coinsurance</u> | 0% |
| Other <u>coinsurance</u> | 0% |
| This EXAMPLE event includes service | es |
| ike: | |
| Secondist office minite (the stal same) | |

<u>Specialist</u> office visits (*prenatal care*) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services <u>Diagnostic tests</u> (*ultrasounds and blood work*) <u>Specialist</u> visit (*anesthesia*)

| Total Example Cost | \$12,800 |
|---------------------------------|----------|
| In this example, Peg would pay: | |
| Cost Sharing | |
| Deductibles | \$0 |
| | |

| <u>Copayments</u> | \$100 |
|----------------------------|-------------|
| Coinsurance | \$ 0 |
| What isn't covered | |
| Limits or exclusions | \$60 |
| The total Peg would pay is | \$160 |

| Managing Joe's type 2 Diabetes (a year of routine in-network care of a controlled condition) | well- |
|--|-------|
| The <u>plan's</u> overall <u>deductible</u> | \$0 |
| Specialist copayment | \$20 |
| Hospital (facility) <i>coinsurance</i> | 0% |

0%

Hospital (facility) <u>coinsurance</u>
Other <u>coinsurance</u>

This EXAMPLE event includes services like: <u>Primary care physician</u> office visits (including disease education) <u>Diagnostic tests</u> (blood work) <u>Prescription drugs</u> <u>Durable medical equipment</u> (glucose meter)

Total Example Cost\$7,400

In this example, Joe would pay:

| <u>Cost Sharing</u> | |
|----------------------------|--------------|
| Deductibles | \$ 0 |
| <u>Copayments</u> | \$1,000 |
| Coinsurance | \$0 |
| What isn't covered | |
| Limits or exclusions | \$ 60 |
| The total Joe would pay is | \$1,060 |

Mia's Simple Fracture (in-network emergency room visit and follow up care)

| ■ The <u>plan's</u> overall <u>deductible</u> | \$0 |
|---|------|
| Specialist <u>copayment</u> | \$20 |
| Hospital (facility) <u>coinsurance</u> | 0% |
| Other <u>coinsurance</u> | 0% |

This EXAMPLE event includes services like:

Emergency room care (including medical supplies) Diagnostic test (x-ray) Durable medical equipment (crutches) Rehabilitation services (physical therapy)

| Total Example Cost | \$1,900 |
|---------------------------------|---------|
| Le this encounts. Mis mould now | |

| Cost Sharing | | |
|----------------------------|-------|--|
| Deductibles | \$0 | |
| <u>Copayments</u> | \$600 | |
| Coinsurance | \$0 | |
| What isn't covered | | |
| Limits or exclusions | \$0 | |
| The total Mia would pay is | \$600 | |

(TTY/TDD: 711)

Albanian (Shqip): Nëse keni pyetje në lidhje me këtë dokument, keni të drejtë të merrni falas ndihmë dhe informacion në gjuhën tuaj. Për të kontaktuar me një përkthyes, telefononi (855) 333-5730

Arabic (العربية): إذا كان لديك أي استفسارات بشأن هذا المستند، فيحق لك الحصول على المساحدة والمعلومات بلغتك دون مقابل. للتحدث إلى مترجم، اتصل على 5730-333 (855).

Armenian (հայերեն). Եթե այս փաստաթղթի հետ կապված հարցեր ունեք, դուք իրավունք ունեք անվձար ստանալ օգնություն և տեղեկատվություն ձեր լեզվով։ Թարգմանչի հետ խոսելու համար զանգահարեք հետևյալ հեռախոսահամարով՝ (855) 333-5730։

Bassa (Băsôð Wùdù): À dyi dyi-diè-dɛ̀ bĕ bédé bá céè-dɛ̀ nìà kɛ dyí ní, ɔ mò nì dyí-bɛ̀dɛ̀ìn-dɛ̀ bɛ́ m̀ ké gbo-kpá-kpá kè bỗ kpõ dé m̀ bídí-wùdùǔn bó pídyi. Bɛ́ m̀ ké wudu-ziìn-nyò dò gbo wùdù kɛ, dá (855) 333-5730.

Bengali (বাংলা): যদি এই নখিপত্রের বিষয়ে আপনার কোনো প্রশ্ন থাকে, তাহলে আপনার ভাষায় বিনামূল্য সাহায্য পাওয়ার ও তথ্য পাওয়ার অধিকার আপনার আছে। একজন দোভাষীর সাথে কথা ব্লার জন্য (855) 333-5730 –তে কল করুন।

Burmese **(မြန်မာ):** ဤစာရွက်စာတမ်းနှင့် ပတ်သက်၍ သင့်တွင် မေးမြန်းလိုသည်များရှိပါက အချက်အလက်များနှင့် အကူအညီကို အခကြေးငွေ ပေးစရာမလိုပဲ သင့်ဘာသာစကားဖြင့် ရယူနိုင်ခွင့် သင့်တွင် ရှိပါသည်။ စကားပြန် တစ်ဦးနှင့် စကားပြောနိုင်ရန် ဖုန် (855) 333-5730 သို့ ခေါ်ဆိုပါ။

Chinese (中文): 如果您對本文件有任何疑問, 您有權使用您的語言免費獲得協助和資訊。如需與譯員通話, 請致電 (855) 333-5730。

Dinka (Dinka): Na noŋ thiëëc në ke de yä thorë, ke yin noŋ loŋ bë yi kuony ku wɛr alëu bë gɛɛr yic yin ne thoŋ du ke cin wëu tääuë ke piny. Te kor yin ba jam wënë ran ye thok geryic, ke yin col (855) 333-5730.

Dutch (Nederlands): Bij vragen over dit document hebt u recht op hulp en informatie in uw taal zonder bijkomende kosten. Als u een tolk wilt spreken, belt u (855) 333-5730.

Farsi (فارسي): در صورتی که سؤالی پیرامون این سند دارید، این حق را دارید که اطلاعات و کمک را بدون هیچ هزینهای به زبان مادریتان دریافت کنید. برای گفتگو با یک مترجم شفاهی، با شماره (853-333 (855) تماس بگیرید.

French (Français) : Si vous avez des questions sur ce document, vous avez la possibilité d'accéder gratuitement à ces informations et à une aide dans votre langue. Pour parler à un interprète, appelez le (855) 333-5730.

German (Deutsch): Wenn Sie Fragen zu diesem Dokument haben, haben Sie Anspruch auf kostenfreie Hilfe und Information in Ihrer Sprache. Um mit einem Dolmetscher zu sprechen, bitte wählen Sie (855) 333-5730.

Greek (Ελληνικά) Αν έχετε τυχόν απορίες σχετικά με το παρόν έγγραφο, έχετε το δικαίωμα να λάβετε βοήθεια και πληροφορίες στη γλώσσα σας δωρεάν. Για να μιλήσετε με κάποιον διερμηνέα, τηλεφωνήστε στο (855) 333-5730.

Gujarati (ગુજરાતી): જો આ દસ્તાવેજ અંગે આપને કોઈપણ પ્રશ્નો હોય તો, કોઈપણ ખર્ચ વગર આપની ભાષામાં મદદ અને માહિતી મેળવવાનો તમને અધિકાર છે. દુભાષિયા સાથે વાત કરવા માટે, કોલ કરો (855) 333-5730.

Haitian Creole (Kreyòl Ayisyen): Si ou gen nenpòt kesyon sou dokiman sa a, ou gen dwa pou jwenn èd ak enfòmasyon nan lang ou gratis. Pou pale ak yon entèprèt, rele (855) 333-5730.

Hindi (हिंदी): अगर आपके पास इस दस्तावेज़ के बारे में कोई प्रश्न हैं, तो आपको निःशुल्क अपनी भाषा में मदद और जानकारी प्राप्त करने का अधिकार है। दुभाषिये से बात करने के लिए, कॉल करें ⁽⁸⁵⁵⁾ 333-5730 ।

Hmong (White Hmong): Yog tias koj muaj lus nug dab tsi ntsig txog daim ntawv no, koj muaj cai tau txais kev pab thiab lus qhia hais ua koj hom lus yam tsim xam tus nqi. Txhawm rau tham nrog tus neeg txhais lus, hu xov tooj rau (855) 333-5730.

Igbo (Igbo): O bụr ụ na ị nwere ajujụ o bụla gbasara akwukwo a, į nwere ikike inweta enyemaka na ozi n'asụsụ gị na akwughi ụgwo o bụla. Ka gị na okowa okwu kwuo okwu, kpoo (855) 333-5730.

Ilokano (Ilokano): Nu addaan ka iti aniaman a saludsod panggep iti daytoy a dokumento, adda karbengam a makaala ti tulong ken impormasyon babaen ti lenguahem nga awan ti bayad na. Tapno makatungtong ti maysa nga tagipatarus, awagan ti (855) 333-5730.

Indonesian (Bahasa Indonesia): Jika Anda memiliki pertanyaan mengenai dokumen ini, Anda memiliki hak untuk mendapatkan bantuan dan informasi dalam bahasa Anda tanpa biaya. Untuk berbicara dengan interpreter kami, hubungi (855) 333-5730.

Italian (Italiano): In caso di eventuali domande sul presente documento, ha il diritto di ricevere assistenza e informazioni nella sua lingua senza alcun costo aggiuntivo. Per parlare con un interprete, chiami il numero (855) 333-5730

Japanese (日本語): この文書についてなにかご不明な点があれば、あなたにはあなたの言語で無料で支援を受け情報を得る権利があります。通訳と話すには、(855) 333-5730 にお電話ください。

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